

SURGERY INSTRUCTIONS:



Please read through carefully prior to your surgery.

TAKE REGULAR MEDICATIONS

Take all of your regular medications with a minimal amount of water unless you are instructed to do otherwise by a doctor in this office or your primary medical doctor.

NO FOOD OR DRINK (INTRAVENOUS SEDATION)

If you are scheduled to have intravenous sedation, **you may not have anything to eat or drink for 8 hours before your appointment.** For morning surgery, no food or liquids after midnight the night before surgery. Clear liquids (anything you can see through) may be taken up to 4 hours before surgery.

NO FOOD FOR DRINK (NITROUS OXIDE ANALGESIA (N2O))

If you are scheduled to have nitrous oxide analgesia (N2O), **you may not have anything to eat or drink (including water) for 3 hours before the appointment** unless otherwise directed.

NO SMOKING

No smoking for at least 12 hours before surgery. Ideally, cut down or stop smoking as soon as possible before the day of surgery.

RESPONSIBLE ADULT TO ACCOMPANY PATIENT

A responsible adult must accompany the patient to the office, **remain in the office during the procedure**, and drive the patient home.

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REST

Plan to rest for the remainder of the surgery day. The patient should not drive a vehicle, operate any machinery, or make important decisions for 24 hours following intravenous anesthesia.

CLOTHING- WHAT TO WEAR

Please wear loose-fitting clothing with sleeves that can be rolled up past the elbow and low-heeled shoes.

WHAT NOT TO WEAR

- Contact lenses, jewelry, and dentures must be removed before surgery.
- Do not wear lipstick, excessive makeup, or nail polish on the day of surgery.

NO ALCOHOL OR RECREATIONAL DRUGS

The use of alcohol or recreational drugs can have an adverse effect on the anesthesia medications that we use. **Please discontinue the use of such for at least 72 hours before your procedure.**

ILLNESS

If you have an illness such as a cold, sore throat, or stomach or bowel upset, please notify the office.

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WOMEN

Women, please note: Some antibiotics may interfere with the effectiveness of your birth control pills. Please check with your pharmacist.

CANCELLATION FEE

If, for some reason, you are unable to keep your surgery appointment, we request 24 hours' notice of cancellation or a \$50.00 cancellation fee may be applied to your bill and must be paid before your appointment will be rescheduled.